

To determine if your insurance covers EEG biofeedback (Neurofeedback) and Quantitative EEG (QEEG), it will be necessary for you to call your provider directly. To aid you in this process, we have prepared this document as a guide.

- ▶ For **my** records, please write YOUR name below:

My Name:

PREPARING FOR YOUR CALL

Before calling you will need:

1. A diagnosis code from your therapist. For example, the diagnosis code for Attention Deficit Disorder is ICD F41.1
2. Your insurance card
3. A pen or pencil
4. This form in front of you to ask questions from.

My Diagnosis Code:

Write your Diagnosis Code here

Remember: *You are the customer. You have a right to this information and to be treated politely and with patience.*

MAKING THE CALL

First... Have your insurance card ready! Then, Make a note of the Date and Time:

Date and Time of my Call:

- ▶ When an insurance representative answers, begin by saying:

“I’m calling to find out what coverage I have for a series of services provided by a licensed psychologist, Dr. Merlyn Hurd, who does not have a special provider relationship with your company.”

- ▶ The representative will ask for your name, group number and agreement number.

- ▶ The representative may ask what is the diagnosis. If they do, say,

“The diagnosis is [\[your diagnosis code from above\]](#). I understand that this is considered a medical diagnosis.”

- ▶ After you answer all the representative’s questions, ask:

“To whom am I speaking?”

Write down the representative’s name:

Services and Codes Covered

- ▶ Next, the representative will ask what procedures are going to be performed. If the representative does not ask, tell them:

“I have questions about my coverage for a number of procedures. Let me give you the codes.”

Description of Service	CPT Code	Fee	Amt. Reimbursed
Intake Interview			
Diagnostic Interview	90791	\$300 - \$500	
Brainmap (QEEG)			
Brain Mapping	96020	\$1500	
Neurobehavioral Status Exam	96118	\$350 per unit	

Functional mapping by electrodes on the brainsurface	95961	\$1500	
Functional cortical and subcortical mapping by recording of electrodes on the scalp	95961	\$1500	
Digital Analysis	95957	\$350	
Analysis of Stored EEG or Reference EEG DatabaseAccess	99090	\$400	
Assessment of EEG data	95816	\$250	
Each additional hour of physician's time in conducting and analyzing the information.	95962	\$350	
Brainmap (QEEG) Review Session			
Consultation, office visit (45-50 min)	99215	\$400	
Biofeedback Therapy Session			
EEG Biofeedback session for a licensed Psychologist (45-50 min)	90901.22	\$400	
If they only accept 5 digit codes, use: 90901			
Psychotherapy Session			
Individual psychotherapy	90834	\$450	
If YES to one of the above...			
How much time is allowed?			
If time allowed is LESS than 45-50 minutes...			
What CPT code our office should use to charge for an EEG biofeedback session that is 45-50 minutes?			
<i>EEG Biofeedback with psychotherapy (20-30 min)</i>	<i>90875</i>	<i>\$400</i>	
<i>EEG Biofeedback with psychotherapy (45-50 min)</i> (Note: This is an alternative if 90901 isn't covered.)	<i>90876</i>	<i>\$400</i>	
If YES , Is there any daily or weekly limit for the number of sessions covered?			
Neurocognitive Rehabilitation (15 min of svc)	97532	\$100	
<i>Or...</i>	<i>97770</i>	<i>\$100</i>	

If YES to either, Is there any daily or weekly limit for the number of sessions covered?			
<i>Health and Behavioral Intervention / Individual (15 min)</i>	96152	\$400	

Limits and Deductibles

- ▶ Ask these wrap-up questions:

“What is my maximum lifetime benefit for this diagnosis and these procedures we’ve reviewed so far?”

Maximum Lifetime Benefit:

“Are there any daily, weekly, or monthly limits that we haven’t already covered?”

Other daily, weekly, monthly limits:

“Are there any other limits on my coverage for this diagnosis and these procedures?”

Other coverage limits:

“What deductible must be satisfied, and how much has been satisfied to date?”

My Total Deductible:

Amount Satisfied To Date:

- ▶ And before you hang up, confirm your representative’s name!

“Thanks for all your help today! Can I confirm your name?”

RE-Write down the representative’s name:

Last but not least!

- ▶ Finally, bring the completed form to my office. We will make a copy for my records; you should keep the original.